



**Co-Parenting after Separation workshop** at Centrecare, 22a Dutton Arcade, 91 Dempster Street, Esperance

## Are you going through separation and finding it difficult to co-parent?

## 2 hour Education Program for Separated Parents

Building Bridges supports separated parents to focus on the best interests of their children and provides strategies for better managing conflict and maintaining a healthy co-parent alliance through effective communication and self-care.

## Dates for 2025

The dates and times for this workshop will be provided upon request. Please contact Centrecare Esperance on the number below for more information.

## **REGISTRATION IS ESSENTIAL**

Call 9083 2600 to register and for more information.

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